

CORONAVIRUS NSHYA

Ibyo Ugombye Kumenya

Coronavirus ni ubwoko bwa virus bushobora gutera indwara nyinshi mu bantu kuva ku bicurane bisanzwe kugera ku ndwara zikomeye zo myanya yo mu buhumekero nk'umusonga. Iyi yitwa Coronavirus nshya ni ubwoko bw'iyi virus butigeze buboneka mbere mu bantu.

Ikwiragira gute?



Biciye mu gukorora no kwitsamura



Biciye ku bantu, nko gukora ku mubiri w'umuntu cg guhana umukono



Gukora ku kintu cg ahantu hari virus , hanyuma ukikora ku munwa, ku mazuru, cg ku maso, mbere yuko ukaraba intoki.



Niba waragiriye urugendo mu mins i shize ahantu hari icyorezo cya Coronavirus yitwa COVID-19, ukaba ufite umuriro cg inkorora ukaba unahumeka nabi, cg se ukaba warageranye mu mins i 14 ishize n'umuntu wasuzumwe COVID-19 cg ukekwaho kuyigira , hamagara umuganga wawe mbere yuko ugira ibimenyetso by'iyi ndwara.

Ibimenyetso nibihe?



Umuriro



Inkorora



Guhumeka nabi



Indwara ikomeye

Niba waragize urugendo ukaba wumva usa nurwaye

- Guma imuhira kandi wirinde kwegera abandi.
- Uhite ujya kwa muganga. Mbere yuko ujya kureba umuganga cg ujya kuri servisi yaurgence, ubahamagare mbere kandi ubabwire iby'urugendo uherutsemo n'ibimenyetso ufite.
- Ntufate urugendo muriki gihe urwaye.
- Wipfuke umunwa n'amazuru ukoresheje agatambaro cg ukuboko kw'ishati (ntushyireho ibiganza) igihe ukoroye cg witsamuye. Agatambaro wakoresheje ugate muri poubelle.