

BARDEN RIVER RUNDOWN

JULY 2024

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July 21st is Zero HIV Stigma Day!

July 21st marks Zero HIV Stigma Day, spearheading a movement and uniting people, communities, organizations, and entire countries to raise awareness and take action against HIV stigma, which reinforces and amplifies the HIV pandemic and related inequalities.

“How can I stop HIV stigma?”

1. When talking about HIV, certain words and language may have a negative meaning for people at high risk for HIV or those who have HIV.
2. We can do our part to stop HIV stigma by being intentional and thoughtful when choosing our words, and choosing to use supportive—rather than stigmatizing—language when talking about HIV.

[Click here for ways to stop HIV stigma & discrimination!](#)



HAVE A COWORKER IN NEED OF EXTRA SUPPORT?

SUBMIT A FORM!



Barren River
DISTRICT HEALTH DEPARTMENT


Please submit articles for the newsletter to Olivia Harden at olivia.harden@barrenriverhealth.org
Submissions will be reviewed for approval.



workday[®]

IS HERE!

Workday will replace CDP as our time-tracker system and will enable staff to...



Keep personal information up to date!




View pay slip online!



Change direct deposit accounts!



Enter & view time tracking information!



Easily submit expense reimbursements!

HAVE QUESTIONS?

REFERENCE THE "QRG" FILE IN THE SHARED DRIVE.

OR

REACH OUT TO THE HR TEAM!

JUNE SNAPSHOTS!



The Population Health team (Charity C., Ava S., Madisyn S., Cally S., and Selina B.) with Kentucky Public Health Commissioner, Dr. Stephen Stack, at the Harm Reduction Summit!



Health Educators Samantha H., Lisa J. and Elizabeth H. at Community Education's 26th Annual Stand for Children Day at the Hot Rods Stadium.

*Do you have pictures from BRDHD or wellness-related events?
Email Olivia at olivia.harden@barrenriverhealth.org !*

DISASTER PREPAREDNESS

FIREWORK & HEAT SAFETY MONTH

LEAVE IT TO THE PROS!

Fireworks are dangerous to people and pets. Using them puts your property at risk. The best way to stay safe from fireworks is to not use them. Instead, attend a public fireworks display put on by professionals.

BE PREPARED FOR EXTREME HEAT!

Extreme heat can be especially dangerous to special groups of people across communities, including:

- Lower income households
- Rural communities
- Residents in urban heat islands
- Infants and children
 - Older adults
 - Laborers
 - Individuals with medical conditions
 - Athletes



HEAT TIPS FOR EVERYONE

- Learn the signs of heat-related illnesses and ways to respond from the CDC.
- Fans alone aren't enough in high heat and high humidity. Get inside in air conditioning or go to a public place like the library, museum, or shopping mall to beat the heat.
- NEVER leave children or pets alone in hot vehicles! Heat can rise in a car, up to 20 degrees in just 10 minutes.
 - During extreme heat, check on family, friends, and neighbors who do not have air conditioning and who spend much of their time alone.
 - Roughly 40% of unwanted heat buildup in our homes is through windows. Use awnings or curtains to keep the heat out.
 - Use your oven less during extreme heat advisories and warnings so you don't make your house hotter

DISASTER PREPAREDNESS

READYOP

ReadyOp Caller ID

Save this in
your phone.

502-782-1227-Alert

502-385-2629-Text



And 855-762-0802 text

Our disaster preparedness team conducts a quarterly drill for the ReadyOp notification system. For each drill, the goal is to achieve a 90% response/confirmation rate. The first person to confirm they received the text and call will receive a prize!



**Congrats Kim F. and Janarae C. for
winning this quarter's prize!**



Be sure to save the phone numbers above to your phone so you can be prepared!

EMPLOYEE SPOTLIGHT

Jenny S.



Jenny was nominated for this month's spotlight for her work as a Health Environmentalist in Barren County! Jenny is quick to help her coworkers and works diligently to go above and beyond in completing her tasks. Next time you see Jenny, tell her "You rock!" Her hard work is very much appreciated at BRDHD.

Thank you to everyone who nominated coworkers for the spotlight! New submissions are currently closed.



COMMITTEES

For more opportunities to work across branch and county lines, all staff are encouraged to join a committee!

WELLNESS - CONTACT KATHY T.

- Wellness Works
- Encourage healthy behaviors for staff
- Promote insurance perks

SAFETY - CONTACT MIKE B.

- Incident review
- Ergonomics
- Building safety
- Identify needed trainings and support

SOCIAL - CONTACT OLIVIA H.

- Birthdays
- Special events
- District-wide meeting activities
- Explore ways for staff to connect

RETENTION - CONTACT KIM F.

- Explore ways to improve employee satisfaction
- Incentives, acknowledgement, etc.
- Identify needed trainings and support

EQUITY - CONTACT INDIA M.

- Promote ways to reach vulnerable populations
- Spread details of important community events
- Identify opportunities for equity within our policies and processes

DISASTER PREP - CONTACT JANARAE C.

- Review, update and give input on preparedness plans
- Support accreditation (PPHR)
- Promote drills and update trainings
- Identify needed trainings and support



UPCOMING MEETINGS!

Local Board of Health

Butler — August 2nd @ 12PM

Barren — August 12th @ 12PM

Warren — September 9th
@ 5PM

BRIGHT Coalition

July 9th

11:30AM - 1PM
BRADD Office

District Board of Health

August 19th
@ 5PM

Have you seen this year's
Community Impact Report?

[CLICK
HERE!](#)

Follow BRDHD on social media!



Barren River
DISTRICT HEALTH DEPARTMENT



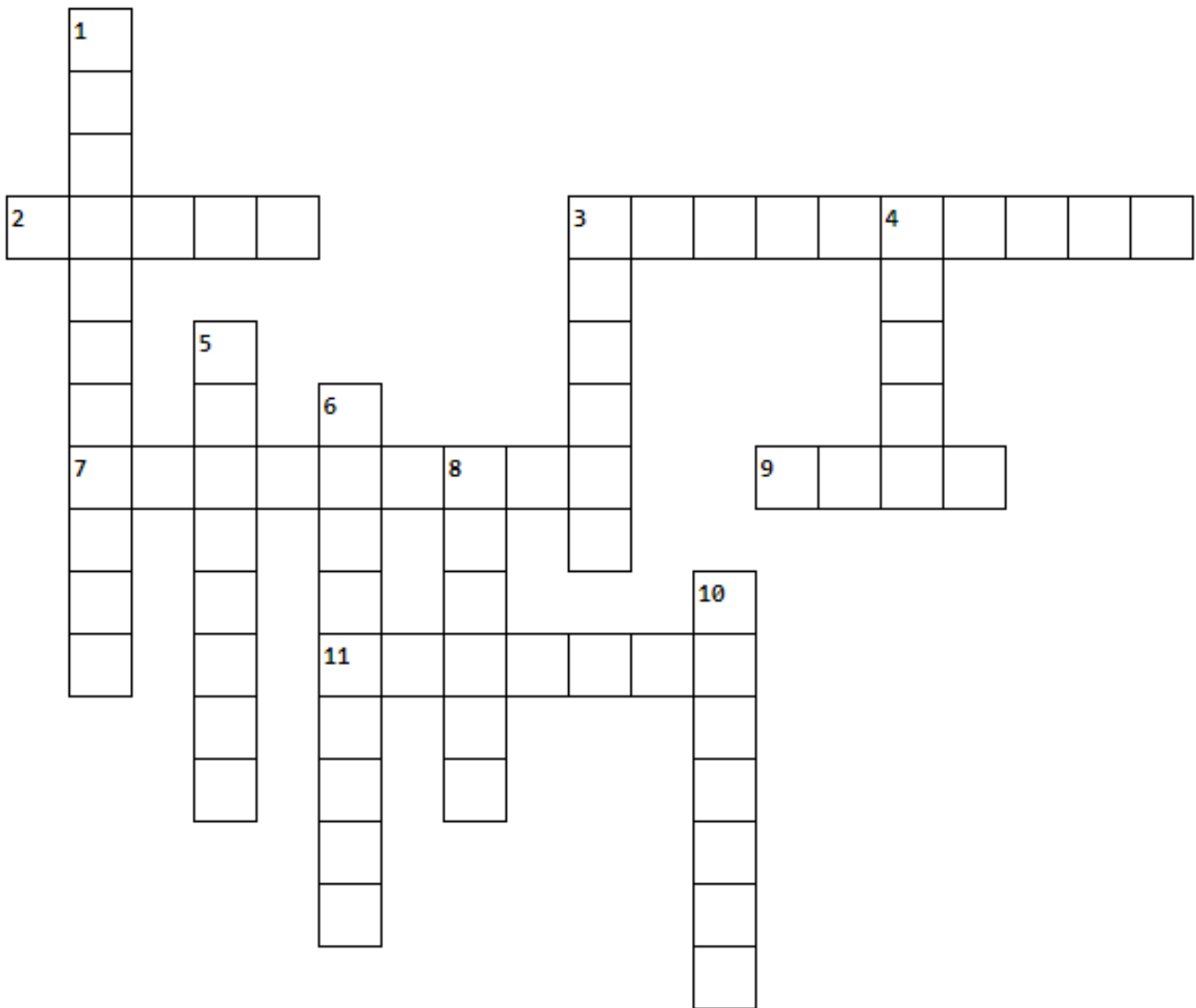
BRDHD Website



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CROSSWORD PUZZLE

The first to complete and submit the puzzle to Olivia H.
will receive a treat!



ACROSS

2. This month's employee spotlight from Barren County.
3. Use ___ language, instead of stigmatizing when talking about HIV.
7. Join one for more opportunities to work across branch and county lines.
9. Zero HIV Stigma Day is on the 21st of ___.
11. Roughly 40% of unwanted heat buildup comes from these.

DOWN

1. Workday will replace CDP as our _____ system.
3. The Quick Reference Guides (QRG) for Workday can be found in the ___ drive.
4. Extreme heat can be especially dangerous to special groups, like ___ communities.
5. Fans alone aren't enough in high heat and high _____.
6. The best way to stay safe from fireworks is to not use them.
8. Temperatures in a hot car can rise up to ___ degrees in 10 minutes.
10. Extreme heat can be especially dangerous to special groups, like urban heat _____.