

BADDEN RIVER BARREN RIVER RUNDOWN BARREN RIVER

APRIL 2024

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April is Child Abuse Prevention Month!

In 2022, over 40,000 reports of child maltreatment occurred in the state of Kentucky, with nearly 17,000 children needing services in those reports.

How can you help prevent child abuse?

Be a nurturing parent.

Help a friend, neighbor, or relative so they can rest.

Don't take your anger/stress out on children.

Never shake a baby if they cry.

Get involved to help families be healthy.

Help develop parenting resources.

Reduce child's consumption of violent media.

Report suspected abuse or neglect.

[Click here for more Child Abuse Prevention Month resources!](#)

HAVE A COWORKER IN NEED OF EXTRA SUPPORT?

SUBMIT A FORM!



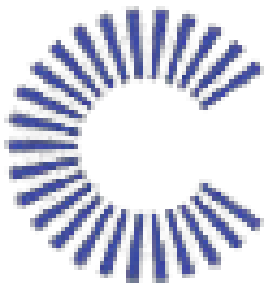
Barren River
DISTRICT HEALTH DEPARTMENT 

Please submit articles for the newsletter to Olivia Harden at olivia.harden@barrenriverhealth.org
Submissions will be reviewed for approval.

BENEFITS ANNOUNCEMENT

FOR THOSE ON THE KEHP HEALTH BENEFITS PLAN

The only way to fulfill the 2024 LivingWell Promise is to complete the *Castlight Health Assessment*. The 2024 LivingWell Promise period is January 1 - July 1, 2024. KEHP members who fulfill their LivingWell Promise in 2024 will earn up to \$480 in premium discounts for the 2025 Plan Year. Contact your Regional Well-being Coordinator (RWC) about scheduling a virtual or onsite 2024 LivingWell Program Overview presentation for 50+ members to increase awareness at your workplace.



Castlight

Castlight is your one-stop shop for all health and well-being benefits in one place. With Castlight you can:

- Call or chat with a Care Guide - your personal health advocate
- Find in-network, high-quality providers in your area and view your insurance card
- Keep track of healthcare spend
- Medically enrolled employees can redeem points for up to \$200 in great gift cards and prizes and waived employees can redeem points for sweepstakes entries.
- Call 800-681-6758 or go to mycastlight.com/mybenefits

**CONTACT HALEY H. OR KIM F. FOR
QUESTIONS!**



BOOK



DONATIONS

The QI Cohort is seeking children's book donations for our clinics!

HOW CAN I DONATE?

Send your books to Susie W. at the District office (1109 State St. Bowling Green, KY). Susie will distribute books to health departments. Books must be **NEW** or **GENTLY USED**.



Newly-placed children's areas in Edmonson, Metcalfe and Butler Counties!

SUBMIT A QI FORM!



CONGRATS TO OUR DISASTER PREPAREDNESS TEAM FOR ACHIEVING NACCHO DISTINCTION!



BRDHD Disaster Preparedness Team
(Left to Right): Jarod H., Janarae C., and
Crystal K.



The award reads, “Project Public Health Ready. NACCHO recognizes Barren River District Health Department for meeting PPHR criteria and for its outstanding contributions to local public health preparedness efforts.”


WANT TO JOIN THE DISASTER PREPAREDNESS COMMITTEE?

**EMAIL
JANARAE!**



workday[®] IS COMING!

Workday will replace CDP as our time-tracker system and will enable staff to...



Keep
personal
information
up to date!




View pay slip
online!



Change
direct
deposit
accounts!



Enter & view
time tracking
information!



Easily submit
expense
reimburse-
ments!

TRAINING BEGINS IN MAY!

**CONTACT HALEY H. OR KIM F. FOR
QUESTIONS!**

DISASTER PREPAREDNESS

TORNADO DRILL NUMBERS

Over 70 Barren River staff and 23 non-staff members participated in the statewide tornado drill on March 6th, with the following number of participants at each county health department:

- Barren — 14 staff members, 3 clients and 2 visitors
- Butler — 4 staff members
- Edmonson — 3 staff members
- Hart — 4 staff members, 1 client
- Logan — 8 staff members, 4 clients
- Metcalfe — 5 staff members, 2 clients
- Simpson — 5 staff members
- Warren — 34 staff members, 5 clients and 6 construction workers



APRIL IS SEVERE WEATHER PREPAREDNESS MONTH!



- 1** Make a plan together by discussing the questions below with your family, friends or household to start your emergency plan.
 - Disabilities or access and functional needs including devices and equipment
 - Cultural and religious considerations
 - Pets or service animals
 - Households with school-aged children
- 2** As you prepare your plan, tailor your plans and supplies to your specific daily living needs and responsibilities. Keep in mind some these factors when developing your plan:
 - Different ages of members within your household
 - Responsibilities for assisting others
 - Locations frequented
 - Dietary needs
 - Medical needs including prescriptions and equipment
 - Languages spoken
- 3** Create a Family Emergency Plan. Write it down! Make sure everyone goes over it!
- 4** Practice your plan with your family/household.



Kentucky's
HANDS

Every parent needs a second pair of **HANDS**

HANDS is accepting new referrals!

*Contact Callie.Shaw@barrenriverhealth.org
to learn more about the HANDS Program.*

BRDHD JOB OPENINGS

CLEANER (2)

The Barren River District Health Department is accepting applications for a Full-Time CLEANER to work at the Warren County Health Department and a part-time position at the Barren County Health Department.

NETWORK

ADMINISTRATOR

The Barren River District Health Department has an opening for a full-time Network Systems Specialist Grade 17 to work in the IT Department, based in Bowling Green, but will serve all eight counties

PUBLIC HEALTH NURSE I (2)

The Barren River District Health Department has an opening for a full-time Public Health Nurse I, Grade 17 to work at the Hart County Health Department and a full-time position at the Warren County Health Department.

DIABETES EDUCATOR (RN)

The Barren River District Health Department is accepting applications for a full-time OR part-time Public Health Nurse I position for the Diabetes Program.

DIABETES EDUCATOR (RD)

The Barren River District Health Department is accepting applications for a full-time or part-time MNT Nutritionist I Grade 18 position.

EMAIL HALEY H. IF INTERESTED!

NEW FACES!



Cierra Collins
Support Services
Warren



Aaliyah Pearson
Support Services
Warren



Jeaneen Williams
Support Services
Barren

**NEXT TIME YOU SEE THEM,
INTRODUCE YOURSELF!**

KPHA ANNUAL CONFERENCE



Members of our health education, strategy/quality/communication, and communicable disease teams attended the KPHA Annual Conference March 6th-8th. Attendees gained insight about implementing new leadership tactics, practicing equity, and explored innovative ideas for harm reduction, media messaging, health education and more.

*Do you have pictures from BRDHD or wellness-related events?
Email Olivia at olivia.harden@barrenriverhealth.org !*

EMPLOYEE SPOTLIGHT

Belinda G.



Belinda was nominated for this month's spotlight for her work as a nurse in Barren County! Belinda is described as having a 'heart of gold' and is always quick to help others in the clinic. She is not only a wonderful coworker, but a friend to all. Next time you see Belinda, tell her "You rock!" Her hard work is very much appreciated at BRDHD.



Want to nominate a coworker for the employee spotlight? Submissions are back open!

Email Olivia H. to nominate!



COMMITTEES

For more opportunities to work across branch and county lines, all staff are encouraged to join a committee!

WELLNESS - CONTACT KATHY T.

- Wellness Works
- Encourage healthy behaviors for staff
- Promote insurance perks

SAFETY - CONTACT MIKE B.

- Incident review
- Ergonomics
- Building safety
- Identify needed trainings and support

SOCIAL - CONTACT OLIVIA H.

- Birthdays
- Special events
- District-wide meeting activities
- Explore ways for staff to connect

RETENTION - CONTACT KIM F.

- Explore ways to improve employee satisfaction
- Incentives, acknowledgement, etc.
- Identify needed trainings and support

EQUITY - CONTACT INDIA M.

- Promote ways to reach vulnerable populations
- Spread details of important community events
- Identify opportunities for equity within our policies and processes

DISASTER PREP - CONTACT JANARAE C.

- Review, update and give input on preparedness plans
- Support accreditation (PPHR)
- Promote drills and update trainings
- Identify needed trainings and support



UPCOMING MEETINGS!

Local Board of Health

Barren: April 9th @ 12PM
Butler: April 12th @ 12PM
Simpson: May 9th @
12PM

BRIGHT Coalition

April 9th
@ 11:30 AM
BRADD

District Board of Health

May 20th
@ 5PM

Have you seen this year's
Community Impact Report?

[CLICK
HERE!](#)

Follow BRDHD on social media!



Barren River
DISTRICT HEALTH DEPARTMENT



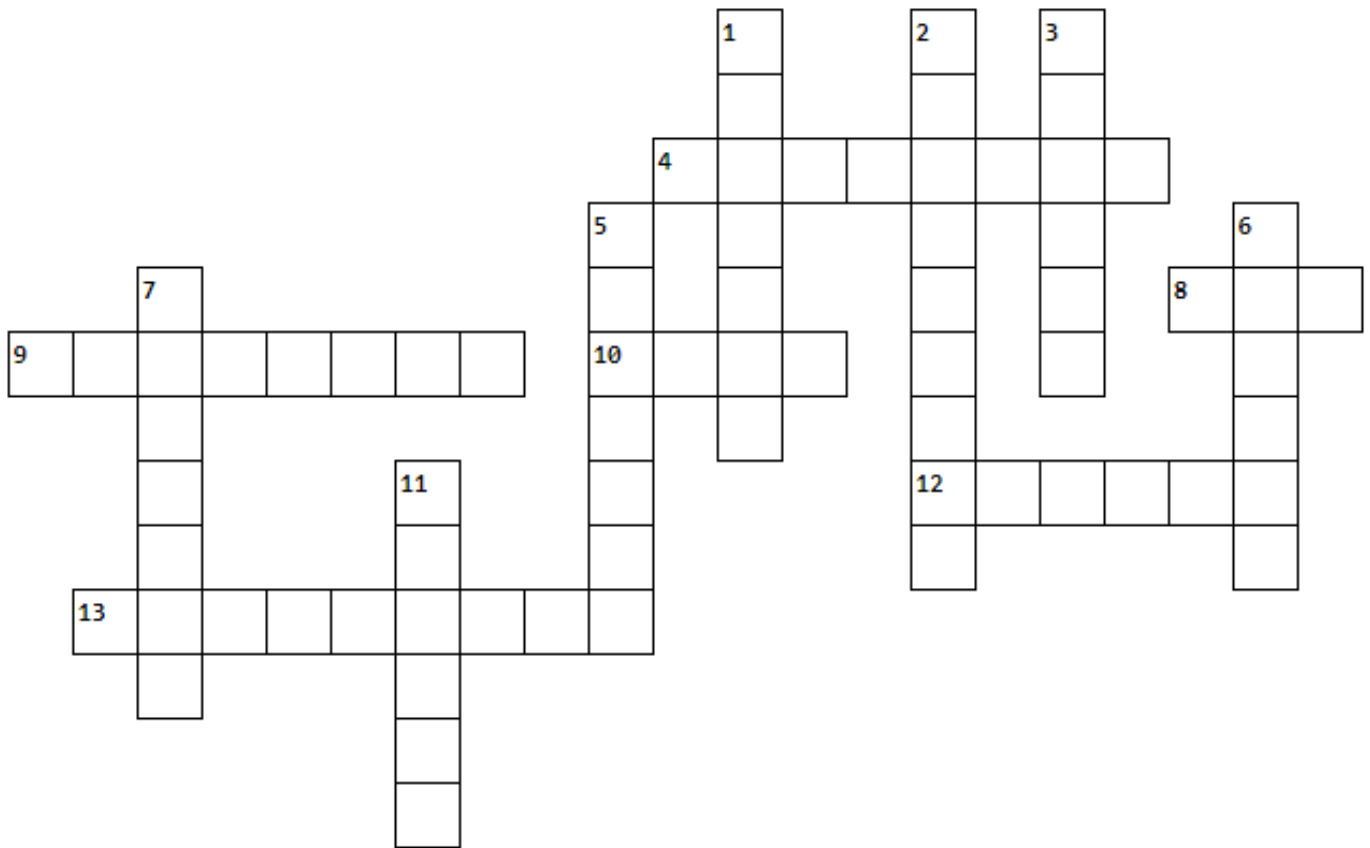
BRDHD Website



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CROSSWORD PUZZLE

The first to complete and submit the puzzle to Olivia H.
will receive a treat!



ACROSS

4. The last step to severe weather preparedness is to ___ your plan.
8. What month is the next district board of health meeting?
9. Barren River Health is hiring for two ___ educators.
0. The first step to severe weather preparedness is to make a ___.
12. You can submit HANDS referrals to ___ S.
13. This site is a 'one-stop shop' for all your health benefits information.

DOWN

1. This system will replace CDP as our time tracker.
2. You should ___ yourself, if you see a new face around the office!
3. The disaster preparedness team achieved distinction with what organization?
5. You can change your direct ___ deposit accounts on Workday.
6. Belinda works in which county clinic?
7. Who can you reach out to join the preparedness committee?
11. Which coalition meeting is on April 9th?